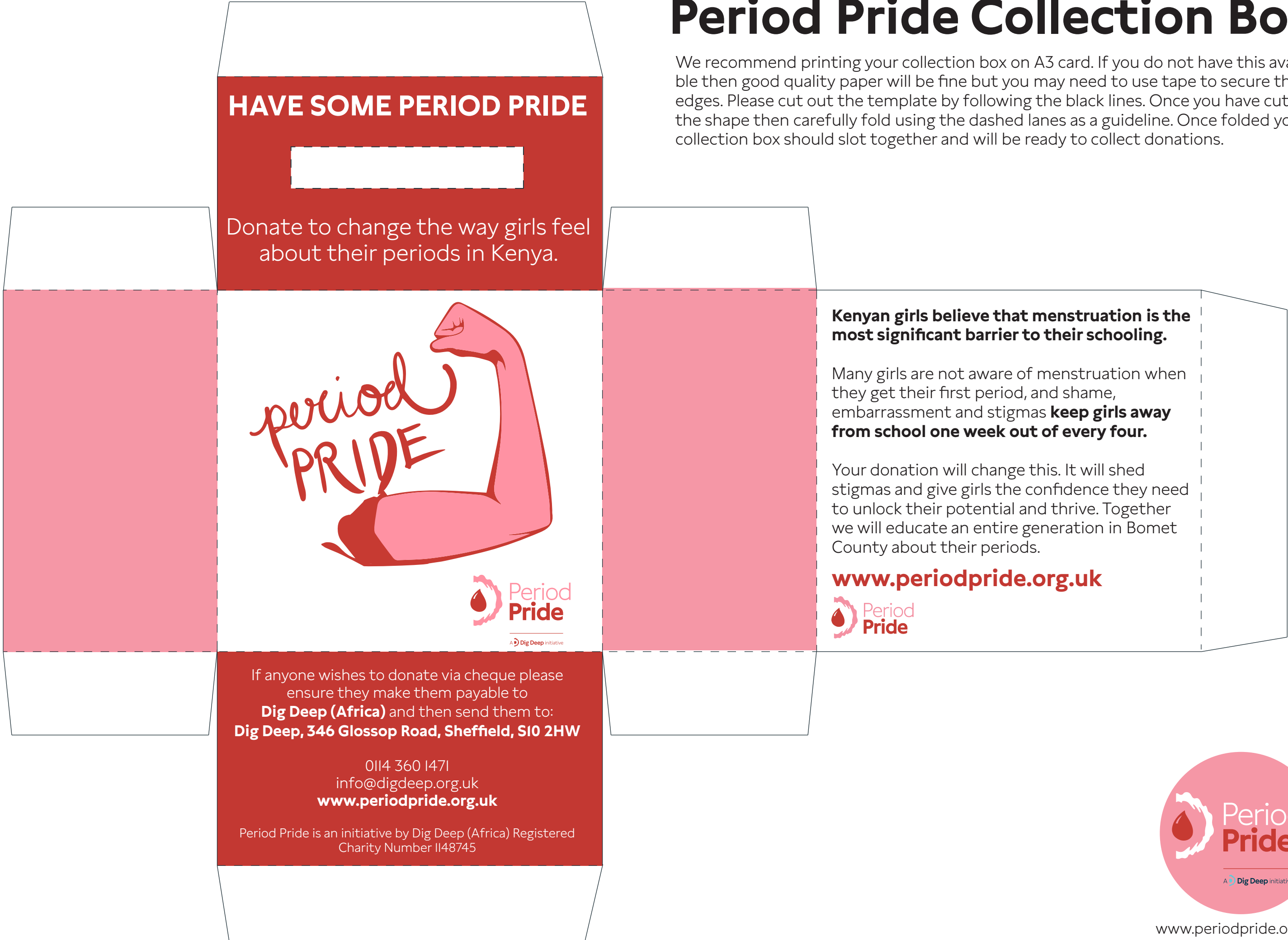


Period Pride Collection Box

We recommend printing your collection box on A3 card. If you do not have this available then good quality paper will be fine but you may need to use tape to secure the edges. Please cut out the template by following the black lines. Once you have cut out the shape then carefully fold using the dashed lanes as a guideline. Once folded your collection box should slot together and will be ready to collect donations.



HAVE SOME PERIOD PRIDE

Donate to change the way girls feel about their periods in Kenya.



If anyone wishes to donate via cheque please ensure they make them payable to **Dig Deep (Africa)** and then send them to: **Dig Deep, 346 Glossop Road, Sheffield, S10 2HW**

0114 360 1471
info@digdeep.org.uk
www.periodpride.org.uk

Period Pride is an initiative by Dig Deep (Africa) Registered Charity Number 1148745

Kenyan girls believe that menstruation is the most significant barrier to their schooling.

Many girls are not aware of menstruation when they get their first period, and shame, embarrassment and stigmas **keep girls away from school one week out of every four.**

Your donation will change this. It will shed stigmas and give girls the confidence they need to unlock their potential and thrive. Together we will educate an entire generation in Bomet County about their periods.

www.periodpride.org.uk



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