Your guide to hosting a Period Party: **Planning:** Confirm where you will be hosting your party and get a date in everyone's diaries. Plan your event and what games you want to play. E.G. period charades, pin the drop on the ovary, period story washing line and more... In the run up: Set up a fundraising page. Send out a reminder to all of your guests. On the day: Set up your venue using the downloadable decorations from our website. Place your donation box somewhere that everyone can see it, and don't forget to ask your guests to donate. Have fun!! Afterwards: Pay in the life changing donations and feel great that you have spread #PeriodPride Register your Period Party now at: www.periodpride.org.uk

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